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The Communiqué



Nahar International School





NIS Attribute of the Month - Resilience

To process the ability to recover after being strained with difficulties



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Nurturing a Positive learning environment: A Welcome from Principal Vandana Arora

Dear NIS Parents,

It is my honour and pleasure to welcome you to the new Academic Year.

We know the children of our community have great potential, and it requires every individual in their lives to purposefully work together for their success. Children are born with inquiring minds, and we must be committed to nurturing that innate sense of inquiry by providing them with engaging opportunities to learn, to think critically, to problem solve, and to know how to access information - thereby equipping them with the necessary skills to thrive in a dynamic and global society.

As we can all attest, the last few years have been challenging, but the NIS Community has emerged on the other side more resilient, more unified, and better equipped to handle an ever-changing landscape.

This new school year brings the promise of a renewed dedication, focus, and energy to the mission of teaching and learning.

The School theme this year is 'Promoting a Positive School Climate'. Working towards creating positive school climate is a recommendation from Cambridge Assessment and International Education. 'A positive school climate is a combination of personal and contextual factors that increase prosocial interpersonal relationships among students and decrease problem behaviours' (Zych, 2021).

We recognize that to be successful in school, our students need support from both home and school. A strong partnership with commitment of school and home will make a significant difference in our student's life. I look forward to continuing our collaboration of providing our students with an effective and engaging educational experience and believe that our parents, as always, will continue to be positive partners in our journey.

Ms. Vandana Arora

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KFC's Secret Recipe for Resilience: Back-to-School Spirit at NIS

As the excitement of the back-to-school season fills the air at Nahar International School, it's a time for us to reflect on the power of education and the strength we've gained through overcoming challenges. Our school takes pride in nurturing resilience as one of our core attributes, empowering our students to face obstacles with courage and determination.

The Journey of Colonel Sanders:

Amidst the anticipation of the new academic year, let me share a tale of determination and triumph that aligns with the spirit of resilience at Nahar International School. Colonel Sanders, the culinary legend behind finger-licking-good chicken, faced numerous trials and tribulations on his path to success. From losing his father early in life to dropping out of school to support his siblings, Sanders' journey was riddled with failures. Rejected 1000 times in his quest to open a restaurant, he persevered, only to see his dreams go up in flames in a devastating fire. Despite bankruptcy, Sanders' indomitable spirit led him to franchise his restaurant, birthing the global phenomenon we now know as KFC. His unwavering resilience and optimism made him an icon of triumph over adversity.

Lessons of Resilience:

At Nahar International School, we firmly believe that challenges are not roadblocks but opportunities for growth and learning. Colonel Sanders' life teaches us that there will always be difficulties, obstacles, and moments of disappointment on our educational journey. By learning from setbacks and refining our strategies, we can emerge stronger and more determined to succeed.



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Nurturing Resilience in Education:

Our educators at Nahar International School are committed to providing a supportive environment where students can develop resilience. We offer personalized guidance and mentorship to help each student build the confidence to overcome obstacles, both in and outside the classroom.

As we step into another year of learning at Nahar International School, let us embrace the back-to-school spirit with determination and courage. Education equips us with knowledge, but it is our resilience that propels us forward, no matter the challenges we encounter. Let Colonel Sanders' story remind us that success is not determined by failures but by the will to persist. May this academic year be filled with growth, wisdom, and the unwavering determination to thrive in the face of adversity.

Wishing you all a rewarding and transformative back-to-school experience at Nahar International School!

Ms. Niharicca Bokil
Facilitator

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Events



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Protecting our Precious ones: Insights from the POSCO session

Nahar International School held a session on the Protection of Children from Sexual Offences (POCSO) to reinforce our commitment to student safety and well-being.

The session covered vital topics such as close monitoring of academic performance and psychological behavior, identifying signs of abuse, reporting procedures, and the legal implications involved. Our teachers actively participated, sharing their experiences and asking pertinent questions.

As an educational institution, we recognize the paramount importance of safeguarding our students. Our unwavering commitment to upholding the highest standards of child protection ensures a safe and nurturing environment for all. At Nahar International School, the safety and well-being of our students remain our top priority.



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Guess who's graduating? Celebrating the next generation of leaders!

We were thrilled to commemorate the International Baccalaureate (IB) Diploma Programme Graduation Day, a momentous occasion that celebrated the culmination of academic excellence and global citizenship.

During the ceremony, parents, teachers, and students shared heartfelt messages of pride and gratitude. Parents expressed joy in witnessing their children's growth into well-rounded individuals prepared for the world beyond. Teachers passionately spoke about their journey of nurturing young minds and fostering a love for learning, while students fondly recounted memories of resilience and camaraderie, expressing gratitude for the support they received throughout their academic journey.

In her inspiring address, Principal Ms. Vandana Arora emphasized the significance of making right choices in life. She encouraged the graduates to approach the future with courage, empathy, and determination, embracing challenges as opportunities for personal growth.

As our graduates embark on new paths, we have full confidence that they will carry the values of the School and the IB programme, leaving a lasting impact on the world they are about to embrace.

Congratulations to the batch of 2021-23! We extend our heartfelt gratitude to parents, teachers, and the entire school community for their unwavering support and dedication. Together, we have shaped future leaders ready to make a positive difference in the world.



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Fête de la Bastille: Honoring 25 Years of India-France Partnership

On July 14, 2023, Nahar International School (NIS) celebrated Bastille Day, the French national holiday, with a vibrant cultural extravaganza. The event showcased the school's commitment to providing students with a holistic education, encouraging life skills, a global perspective, and values that shape them into well-rounded individuals.

The day commenced with **Grade 6** students learning about the history and significance of Bastille Day, followed by an interactive Kahoot quiz to test their knowledge. **Grade 7** students explored various aspects of French culture and presented interesting facts, adding to the cultural exchange. The school was adorned with beautiful red, blue, and white buntings, reflecting the colors of the French flag. **Grade 8** students displayed their affection for the French language and culture through heartwarming video projects. These projects were shared within the school community, fostering a deeper appreciation for linguistic diversity. **Grade 9** students engaged in thought-provoking discussions during a Socratic seminar, delving into topics like the French Revolution and the role of migrants in French society. These discussions encouraged critical thinking and understanding of historical events. Lastly, **Grade 10** students showcased their musical talents by performing the French song "Papaoutai," captivating their peers and adding to the cultural ambiance.

This year's Bastille Day held special significance as it marked the 25th anniversary of the India-France Strategic Partnership. Prime Minister Narendra Modi's presence at the Bastille Day Parade in Paris further strengthened the ties between our nations. A highlight of the day was witnessing the live stream of the Bastille Day Parade on Champs Elysées, Paris. Students were thrilled to witness not only the French military contingents but also three Indian military contingents participating in the parade, symbolizing unity between nations. The patriotic anthem "Sare Jahan Se Achha" played in the background, evoking a sense of pride and camaraderie.

The Bastille Day celebration at NIS was a delightful day filled with learning, creativity, and cultural exchange. It provided students with enriching opportunities to deepen their knowledge, appreciate French culture, and engage in critical thinking. The event showcased NIS's dedication to promoting a diverse and inclusive educational environment, preparing students to be global citizens with an appreciation for different cultures.

- Ms. Ritu Jain and Ms. Bhavika Tolani



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Sprouts to Blossoms: Celebrating Pre-Primary Parent-Child Day

The first day marked a significant day for our little ones as they began their exciting journey of this school year. The teachers were delighted to welcome each of the little ones of EY1 along with their parents into the classroom and had a few fun activities set up along with some art and craft activities. EY2 and EY3 children came in on their own, while their parents joined them towards the end of the day.

In our early years, we believe that cultivating a strong connection between home and school go hand in hand to form the foundation for a child's growth and development. What better way to reinforce this than by adding a family tree to our classrooms? The EY1 children, with the assistance of their parents, traced handprints and pasted their family pictures onto them before putting them up on the family tree window. EY2 made a craft using their parents' help and also placed their family pictures up in their class. EY3, with some guidance from their parents, cut out palms and used them as a base for their family pictures.

It was heartwarming to witness the strong bond between parents and children as they engaged in the family tree activity. This experience exemplified our school's core values of fostering love and understanding. We believe in creating a nurturing environment where children feel confident and supported, laying the foundation for their growth and development.

- Ms. Karla Ferrira



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Did Parents Time-Travel to Childhood? Pre-Primary Coffee Morning Fun

Pre-primary parents and teachers came together in the classroom for a special 'Coffee Morning,' stepping into their child's shoes for a day. This event provided parents with a unique opportunity not only to witness our school's effective learning methods but also actively engage in the learning process. The morning offered a delightful glimpse into the enjoyable and stimulating experiences their children encounter daily. For parents, it was a chance to relive their own childhood memories, rekindling a sense of nostalgia and excitement throughout the day. They explored new concepts such as numeracy, literacy, and thematic learning just as their little ones do. Additionally, they joyfully participated in a lively movement class with our dance teacher, dancing to their children's favorite songs. As the Coffee Morning came to an end, parents left eagerly anticipating the upcoming school year at NIS.

- Ms. Karla Ferrira



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On Your Mark, Ready, Steady.. Welcome to Primaryland

On July 12th, Nahar International School opened its gates with much excitement to welcome its primary students. The sight of the children carrying their new bags and books, walking up to their classes, was truly heart-warming. The Grade 1 and 2 children received a warm escort to their classes, while the older Grade 3/4/5 students confidently navigated the corridors to find their new classrooms.

Inside their classrooms, the students were met by their dedicated class teachers, who had prepared a bright and enriching learning environment. Each classroom had welcoming boards and displays related to the Global Perspective topic that they will be exploring during the first quarter.

The first week was all about establishing healthy classroom routines in the Primary section. Teachers and students worked together to craft classroom agreements that would create a positive and nurturing learning atmosphere. The kids had a great time designing their locker tags and organizing their books and stationery, making their personal spaces uniquely theirs.



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In the following week, the children had the wonderful opportunity to showcase their holiday homework to their peers: they shared their projects and presentations, sparking engaging discussions among the students. They not only appreciated each other's efforts but also gained new insights and knowledge from one another's work.

We are thrilled to witness the enthusiasm and engagement of our primary students as they embark on this new academic journey. At NIS, we believe in creating a warm and inviting atmosphere where learning is a joyous experience for every child.

Lastly, we are eagerly anticipating the opportunity to connect with all our wonderful parents at our upcoming Coffee Evening!



Alumni Homecoming 2023: Connecting Past and Future at NIS

NIS recently hosted its annual Celestial Cluster Alumni Meet, a cherished tradition that serves as a bridge connecting the past and present. This event reunites former students with their alma mater and fellow alumni, creating a heartwarming sense of nostalgia and camaraderie.

The day was filled with memorable moments as our esteemed Celestial alumni strolled through the familiar school corridors, reacquainted themselves with teachers, and shared stories with their peers—all while indulging in our beloved cafeteria cuisine. The meet provided an opportunity for alumni to reflect on their school days and celebrate their personal and professional accomplishments.

One of the highlights of the evening was the interaction between our alumni and current A Levels and IBDP students. Our graduates generously shared their experiences and offered valuable guidance on selecting the right university for higher education. This enriching exchange allowed current students to ask questions, express their concerns, and gain insights from those who had once been in their shoes.

In conclusion, this evening was a heartwarming celebration that deepened the bond between our Celestial Cluster alumni and alma mater. It was a time to share cherished memories, rekindle old connections, and celebrate the remarkable achievements of our NIS family.

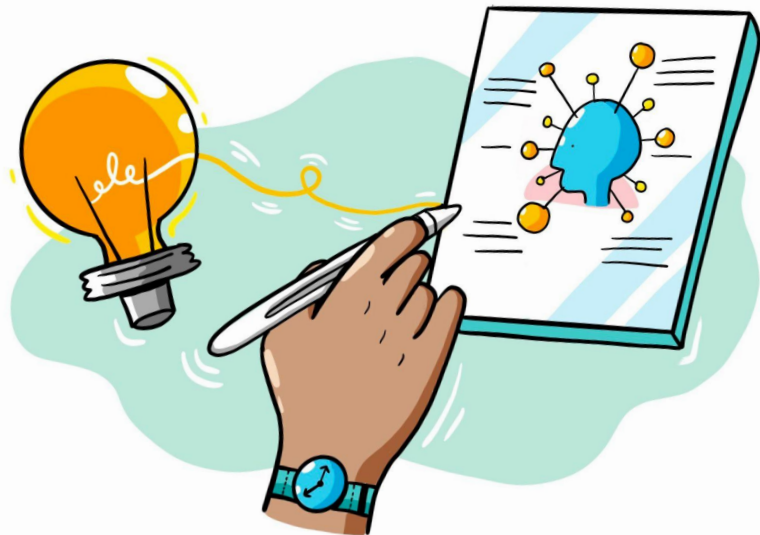
-Navkeerat Kaur



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Visible

Learning



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Puppetry Storytelling: Peak of Creativity

Who says puppets can only be used for little kids? At our IBDP, we are proud advocates of Visible Learning, and we love incorporating puppets into our educational experience. In a delightful back-to-school activity, our students engaged in an imaginative role play with two puppet friends, Pepinot and Jean Jacques, who live in the forest. However, upon returning from their holidays, they were shocked to find their homes in the forest destroyed, and they shared their misery...

Visible Learning, supported by extensive educational research, emphasizes making learning outcomes transparent to students, allowing them to take ownership of their progress and learning journey. By incorporating puppets into this activity, we provided our students with a creative and engaging platform to express themselves and collaborate effectively.

Research has shown that young learners perceive puppets as peers, which enables them to communicate and articulate their thoughts more effectively. This approach has proven to be a positive way to enhance student achievement and foster a love for learning.

Through such enriching experiences, we aim to empower our students as independent and confident learners, driving their progress forward with purpose and intention.

- Ms. Niharicca Bokil



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Biology Meets Art: Quest into the Digestive System's Marvels

Ms. Zoha Ahmed and her group of aspiring biologists embarked on an exciting journey of model creation for their first assignment of the academic year, bringing the digestive system to life in a remarkable way.

Taking sustainability to heart, the students skillfully crafted a masterpiece using recycled materials. With ingenuity and creativity, they sculpted each organ using newspaper, used plastic bottles, and tissue paper rolls, demonstrating a deep commitment to eco-friendly practices.

Beyond the aesthetics, this model served as an excellent learning tool, enabling them to visualize and comprehend the intricate process of digestion. Each organ's function was carefully labeled based on its unique structure, providing a comprehensive understanding of the entire system.

The collaborative effort of the team was truly inspiring, emphasizing the significance of teamwork and how diverse perspectives contribute to a more enriching learning experience.

Through this engaging project, students not only deepened their understanding of the digestive system but also honed vital skills such as communication, problem-solving, and creativity. The final product was a labor of love, showcasing a comprehensive and visually captivating depiction of the remarkable digestive system.

This outstanding model creation serves as an exceptional example of how education can be both informative and enjoyable. Congratulations to all the students involved in this captivating endeavor!

- Ms. Zoha Ahmed



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Mentors' Column



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From Invisible to visible : Unveiling the power of..(Come,Let's read together)...

It is the ability to be aware that stands to be our superpower, as a species. We are aware of our strengths and weaknesses, our interests and fears, and our likes and dislikes. And it is this awareness that helps us outperform ourselves, time and time again. This awareness is what enables us to work towards goal-setting - a process where we reflect, ideate a better tomorrow and chart out a plan to be of value in that better tomorrow.

Understanding Goal-setting

Goal-setting, at the outset, means planning a route towards a goal.

James Clear, the popular author of “Atomic Habits”, however, has a different take on this. He sheds light on the insight that “Goal setting is not only about choosing the rewards you want to enjoy but also the costs you are willing to pay.” Once you have made up your mind that you are willing to pay the price, sacrifice significant comfort and push yourself to discomfort, you will inch closer to your goal; steadily but surely.

How to do it well?

Please note, dear reader, that this is a subjective plan and can vary depending on the resources you have access to, and the circumstances you find yourself in. However, merely knowing a basic structure can at least help you get started. This basic structure comes from the well-researched findings of Locke and Latham (1990):

The Five Principles of Successful Goal Setting



Source: Locke & Latham, 1990

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- **Commit:** The first step is to commit to the goal. You can say endless things in your life but it is the commitment that sees you through. You have to commit to the cause.
- **Clarify:** Eradicate all vagueness. Focus on clearer objectives of the goal. Break your end goal into smaller, more measurable chunks, if you wish to.
- **Challenge level:** Ensure that your goals are not too easy - lest you get bored, nor too difficult - lest you give up. Find that sweet spot where it challenges your wits and mindset enough and go forth.
- **Complexity:** Understand that difficult tasks take time in case you wish them done perfectly. The complexity of a task depends upon the realistic time you allot it.
- **Feedback:** Be honest with yourself and understand that there will be hurdles along the way. Yes, you might fail too. And that is okay. The goal is to be better than yesterday. Remember, while it is a cliché, it is true: Failure is but a stepping stone to success.

How can you, as a parent, help your child with Goal-setting?

As adults, it might get easier for us to identify our goals and work towards them. We even categorise them as long-term goals and short-term goals. Some simple ways to help children out to begin with would be as follows:

- Help your child understand the purpose of the goal. It would help them realise why a said goal is important and the pride they might feel in case they accomplish it.
- Break the goal down for them: It might get difficult for the child to break down the goal into smaller bits, simply because they do not know how to do so, and what to prioritise. Think about probable obstacles: Help them know possible obstacles that they might encounter, so that when it really happens, it does not demotivate your child to give up.

Parting thoughts

With that in mind, I hope you have a fruitful year ahead. One that helps you to know more about yourself, and be better at all that you do. One that helps you set more specific goals and ace them all! One that teaches you to outgrow all your obstacles and know that your limitations or even your successes do not define you. It is the consistent effort; the constant pursuit of your goals that truly makes you who you are. *And it is this awareness which becomes our ultimate superpower.*

Now that we are aware of the same, let's come together and help our students set better goals for a better tomorrow.

Mr. Gavin D'souza

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A symphony of success : Showcasing remarkable results

In the IBDP program is committed to providing an immersive environment where students explore their full potential and discover their passions. We strive to help them evolve into well-rounded individuals ready to confront the uncertainties of the future, dare to dream the impossible, and aim for the stars. At NIS, we cater to two internationally recognized boards, Cambridge and IB. We are delighted to share that the results for the IBDP and A levels have been unveiled worldwide, and we have achieved an exemplary outcome. These students represent the first hybrid batch, blending online and offline learning, and we are proud to announce a remarkable achievement of 100% placements. In the International Baccalaureate Diploma Programme (IBDP) results, Nahar International School's students have once again achieved exceptional grades, showcasing their dedication to academic excellence. The highest achievable grade in the IB is 7, and our students have not only reached this pinnacle but have surpassed it in various subjects. This marks the 6th set of results for the school, and their performance is nothing short of outstanding.

Hindi stands out with an remarkable grade of 7.00, significantly exceeding the world average of 5.62. Psychology students excelled with a score of 6.00, outperforming the world average of 4.46. Mathematics AI, Standard level, also performed exceptionally well with a grade of 6.00, compared to the world average of 3.87. English and Spanish followed closely with impressive grades of 5.50, surpassing the global averages of 4.80 and 4.93, respectively. In Economics, our students scored an impressive 5.00, surpassing the world average grade of 4.76. Physics students achieved a superb grade of 5.00, with the world average grade at 4.81. Mathematics AA, Higher level students impressed with a grade of 5.33, outshining the world average of 4.88.

In the A Level (AL) results, Nahar International School continues its commitment to academic excellence, showcasing the outstanding performance of our second batch of AL students.

In English, where the highest grade attainable is an A, our school achieved an exceptional school average of 29% learners who could attain this benchmark, a remarkable achievement that far surpasses the world average of 3.8% learners. In Psychology, our students outperformed the global average with an impressive school average of 14%, compared to the world average of 3.7% learners attaining A* grades. Furthermore, in Business, our school excelled with an exceptional school average of 19% learners getting the A* grades, significantly exceeding the world average of 10.7%. In Chemistry, our school's A* grade average reached an impressive 14% learners, surpassing the world average of 16.8% learners. Additionally, in Biology, our students achieved an A* matching the world average of 14.7%. In Mathematics, our students achieved a commendable school average of 10% learners attaining A* grades, despite the global average standing at 12.7% learners.

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These outstanding results underscore our dedication to providing a comprehensive academic program that prepares our students to excel in various fields of study.

Nahar International School (NIS) takes immense pride in its 100% placement record. In pursuit of diverse academic goals, our students have gained admission to renowned universities across the globe, where they are now actively engaged in various fields of study. It's time to debunk the myth that students are limited to international choices.

Here is a glimpse of a few universities where our students are placed.

| International Universities | Indian universities |
|--|---|
| Hong Kong University of Science and Technology | National institute of design |
| Nanyang Technological University, Singapore | Ashoka university |
| University of Washington, USA. | Narsee Monjee Institute of Management studies |
| University of Leeds, UK | OP Jindal university |
| Rutgers University, USA | |
| University of Amsterdam, Netherlands | |
| University of the Arts, London | |



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