

September 2023 | Vol. 3

# *The Communiqué*



**Nahar International School**

**An artwork by  
Grade 6 Student**

# In this Edition

01

NIS attribute of the month- Responsibility

02

Events

- 2.1 Ever Dreamed of a School Where Every Moment Feels Like Home?
- 2.2 Tiny Brushes, Big Dreams: Pre-Primary Picassos in the Making
- 2.3 The Saraswati Enigma: Myth or Forgotten Reality?
- 2.4 Ladakh Edutour: Wondering What Our Students Did? Prepare to Be Amazed

03

Active Learning

- 3.1 Baking Adventures with EY2: A Whisk into the World of Community Helpers
- 3.2 Zoo-tastic Explorations: Where children Meet the Animal Kingdom
- 3.3 The Food Plate Activity: Exploring Health and Hygiene & Celebrating Young Entrepreneurs
- 3.4 Food Fight: Vegetarianism vs. Non-Vegetarianism – Who Prevails?
- 3.5 Grade-10 Economists Decode Global Trends

# In this Edition

## 04 Student's Column

**4.1** The Search for the Elusive: A Journey of Discovery and Inspiration

**4.2** Creative work by Young Artisans

## 05 Mentor's Column

**5.1** How to Raise Independent Children?

## 06 Learning beyond Academics

**6.1** Aikyam Unplugged: A Symphony of Talent at the Inter-School Fest

**6.2** Nahar Roars: Champions of ISSO Football Tournament!

## 07 Feature of the Month

**7.1** Clay Creations: A Pottery Tale from Pre-Primary to High School Heights

## 08 Library

## 09 October Highlights and Upcoming Events

## NIS attribute of the month- Responsibility

Dear School Community,

I'm writing to share a beautiful story that unfolds within our school every day—a story of responsibility, woven into the fabric of our vibrant community. It's a tale of countless students, each contributing their unique chapter to create a narrative of compassion, collaboration, and growth.

In our bustling elementary school, responsible young learners eagerly immerse themselves in projects that extend far beyond the classroom. They organize food drives, embracing the responsibility to care for those less fortunate in our community. Their determination and enthusiasm ripple through the school, reminding us that age is no barrier to making a difference.

As these students grow into confident middle schoolers, their sense of responsibility matures alongside them. They become mentors, guiding their peers through academic challenges and friendship woes. I've seen them patiently explain complex math problems, their faces lighting up with the joy of sharing knowledge. It's a testament to their understanding that responsibility isn't just about personal success but also about lifting others higher.

And then, in our halls filled with the energy of high school students, I've witnessed remarkable acts of responsibility. Students organize charity events, demonstrating their deep empathy for causes close to their hearts. I've seen them diligently plan and execute these events, showcasing a level of responsibility that speaks volumes about their character.

This narrative of responsibility is not confined to specific tasks or individuals; it's a collective story written by all. It's in the shared responsibility of maintaining the beauty of our school, in the genuine care they show for one another, and in the way they nurture a supportive atmosphere.

This story, our story, is a testament to the power of responsibility in shaping not just academic success but also compassionate, empathetic individuals. It's a narrative that inspires us all, reminding us of the incredible impact we can make when we embrace responsibility as a way of life.

- Kiranmai Rao Mathur  
Middle School Coordinator

[Click here for content page](#)



# EVENTS

[Click here for content page](#)

# Ever Dreamed of a School Where Every Moment Feels Like Home?

In a heartwarming event, our EY parents and little ones came together for an unforgettable Parent-Child activity. The day was filled with laughter, creativity, and shared moments. Families immersed themselves in storytelling, bringing tales to life with books and puppets. Together, parents and children crafted their own puppets, adding unique touches to each creation. Traditional games like carrom, X and O, dart, snakes and ladders, Jenga, and memory games brought smiles and friendly competition. A magical animal tale, expertly shared by Pomegranate teachers, captivated both kids and parents alike. These shared experiences have created cherished memories that will stay with them for a lifetime.



# Tiny Brushes, Big Dreams: Pre-Primary Picassos in the Making

The special assembly, 'Art Day,' transformed our school into a vibrant canvas of creativity. From finger painting to crafting, our little artists explored the nuances of colors, textures, and self-expression. EY 1 students delved into color transfers and chalk doodles, while EY 2 enchanted us with designs using twigs and leaves. EY 3 artists brought portraits and Orbeez cards to life.

Parent volunteers enthusiastically joined the fun, guiding activities like foil painting, vegetable printing, balloon printing, and creating patterns with earbuds and paints. Alongside their art teachers, students of all levels discovered the mesmerizing technique of pointillism.

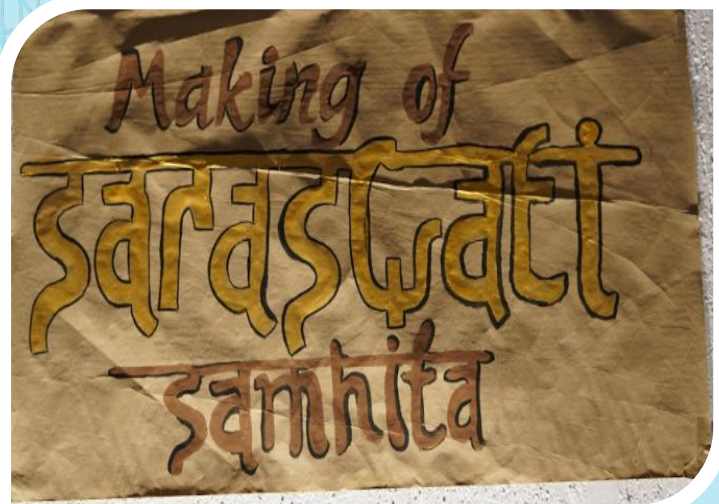
This Art Day celebration serves as a vivid reminder of the crucial role creativity plays in early childhood education. It lays the foundation for a lifelong appreciation for the arts, nurturing the potential of our little Picassos.



[Click here for content page](#)

# The Saraswati Enigma: Myth or Forgotten Reality?

Grade 7 students at our school recently captivated audiences with their production titled 'Saraswati Samhita.' This meticulously rehearsed performance, centered around 'The Discovery of India and its Historical Evolution,' aimed to acquaint viewers with humanity's evolution and transformation across ages. Delving into the era of the Aryan Civilization, the students narrated pivotal aspects through captivating scenes and mesmerizing Indian dance performances. Notably, some students immersed themselves in learning shlokas, adding a profound cultural dimension to the event. The objective was to maintain a minimalist approach, emphasizing fewer costumes and props, allowing the essence of the performances to shine through.





# Ladakh Edutour : Wondering What Our Students Did?

## Prepare to Be Amazed

In the Ladakh Edutour 2023, our Grade 09 students embarked on a transformative exploration of Ladakh's cultural heritage and sustainable development initiatives. This immersive experience took them from the vibrant streets of Leh to the architectural marvels of Thiksey Monastery, the serene desert landscapes of Diskit's Sand Dunes, the cultural tapestry of Turtuk, and the breathtaking beauty of Pangong Lake.

Engaging with local life and institutions like LAMO (Ladakh Arts and Media Organization) and LEDeG (Ladakh Ecological Development Group), our students cultivated not just knowledge, but also empathy and a deep understanding of the world. Interacting with fellow students in local schools fostered connections and mutual respect, enriching their perspectives.

Experiential learning of this kind is crucial in today's globalized world. It goes beyond traditional classroom education, instilling cultural appreciation, environmental consciousness, and a profound sense of global awareness. By immersing students in real-world scenarios, we equip them with the skills and empathy needed to become responsible global citizens. The Ladakh Edutour stands as a testament to our commitment to holistic education, shaping students who are not just knowledgeable, but compassionate and empathetic leaders of tomorrow.



[Click here for content page](#)



# Active

# Learning



[Click here for content page](#)

# Baking Adventures with EY2: A Whisk into the World of Community Helpers

In a vibrant learning experience, our EY2 children recently delved into the diverse world of community helpers. Excitement filled the air as they explored the roles of security guards, nannies, teachers, nurses, police officers, firefighters, grocery store vendors, and more, all crucial individuals in their daily lives.

A highlight of this engaging month was the involvement of parents, transforming classrooms into dynamic learning spaces. A dedicated baker parent, in her chef's jacket and warm enthusiasm, brought the art of baking to life. Together, they kneaded, mixed, and baked delightful cookies, turning the lesson into a hands-on, aromatic experience that left a lasting impression on our young learners. This immersive exploration not only broadened their understanding but also ignited their curiosity about the diverse professions that shape our community.



# Zoo-tastic Explorations: Where children Meet the Animal Kingdom

In a captivating learning journey, our young primary scholars delved into the fascinating world of animals. Guided by thoughtful questions, they enthusiastically conducted research, using library resources and attending engaging EVS and library classes.

Divided into animal groups, our curious learners gathered valuable information, immersing themselves in the wonders of the animal kingdom. Their dedication and hard work shone brightly as they presented their findings to their classmates, filling the room with happiness, excitement, and pride.

This exploration not only deepened their understanding of animals but also fostered a love for learning that will stay with them for a lifetime.



[Click here for content page](#)

## Powai Expedition: Grade 2 Discovers Mumbai's Heart

In a thrilling escapade, our Grade 2 students embarked on their first field trip to Powai, transforming their learning experience beyond the classroom walls. With keen eyes and curiosity, they observed iconic landmarks, showcasing their remarkable observation skills. Engaged in treasure hunts using maps, the children added an adventurous twist to their day, culminating in reflective moments that capped off their exciting expedition.



## Navigating Buoyancy: Fifth-Graders Explore Float and Sink Concepts

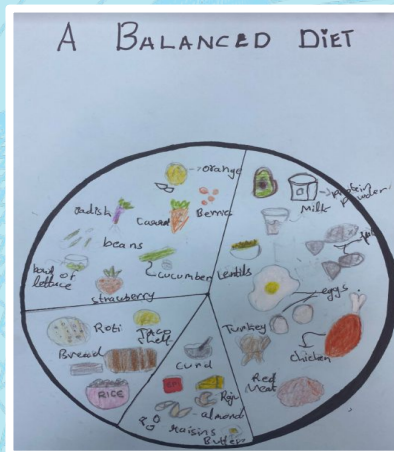
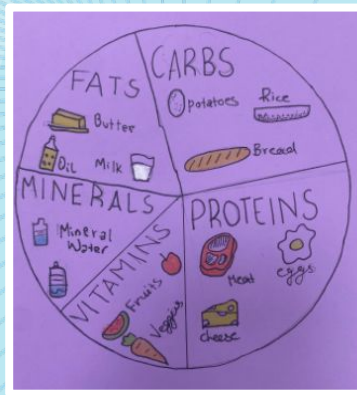
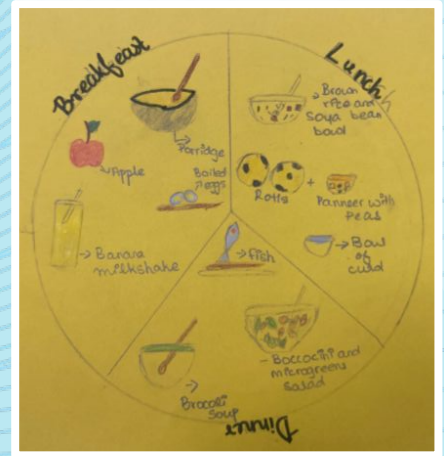


In the fifth-grade classroom, students embark on an exciting journey into the physics of buoyancy, focusing on the concepts of float and sink. This exploration serves as a crucial foundation, enabling them to understand the fundamental principles governing objects' behaviors in liquids. Through hands-on experiments and real-life examples, they delve deep into the relationship between density, buoyancy, and the forces that dictate whether an object floats or sinks. Mastering these concepts equips these young scientists with the knowledge needed to comprehend the intricate world of physics, setting the stage for their future scientific discoveries.

[Click here for content page](#)

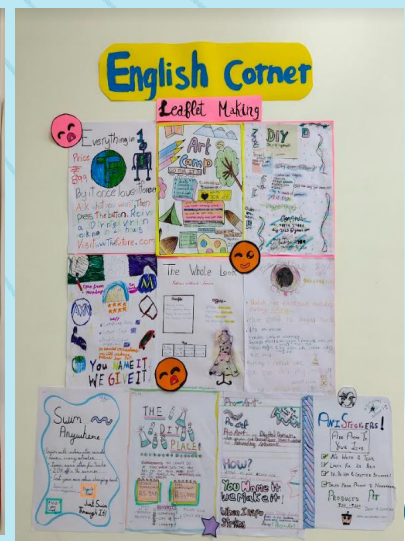
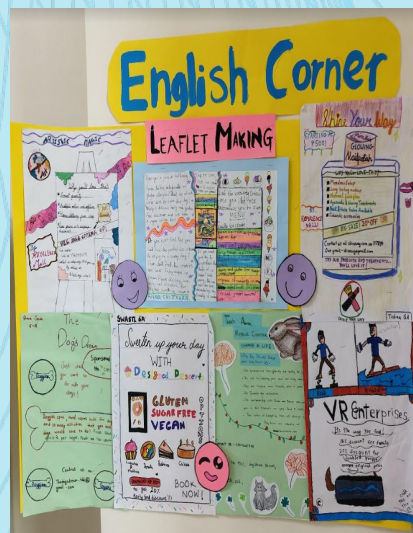
# The Food Plate Activity: Exploring Health and Hygiene

Grade 8 students delved into the topic of Health and Hygiene under the guidance of their teacher. The class kicked off with the interactive Food Plate activity. Using colorful A4 sheets, students planned nutritious meals for breakfast, lunch, evening snacks, and dinner. Sharing their meal plans led to enlightening discussions about nutrition, food preferences, and the impact of their choices on health. This engaging experience left them feeling empowered to make healthier decisions for a better future.



## Celebrating Young Entrepreneurs

Grade 6 students showcased their creativity in their English class through Leaflet Design, much to the delight of the school community. The students have skillfully crafted informative and eye-catching leaflets, highlighting their talents and refining their communication abilities. This engaging activity encouraged cross-disciplinary learning, deepening their understanding of various subjects as they enthusiastically promoted their brands and products, embracing the roles of budding entrepreneurs.



[Click here for content page](#)

## Food Fight: Vegetarianism vs. Non-Vegetarianism – Who Prevails?

In an electrifying clash of words, IBDP-1 students debated whether "Vegetarian food is better for the environment and health." Arguments in Hindi and Biology merged, creating a passionate atmosphere. The debate delved into the ethical dilemma: prioritize identity, culture, and tradition, or sacrifice them for environmental welfare?

Amidst the intensity, persuasion triumphed over established facts. The team opposing the motion, focusing on consumerism, emerged victorious. Aurel Tongia and Siddharth Jain were crowned Best Speakers, emphasizing the power of conviction. This debate highlighted the art of conveying opinions convincingly, leaving a lasting impact.

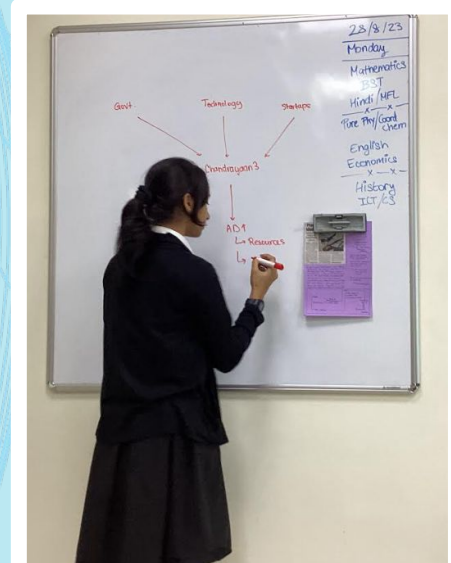
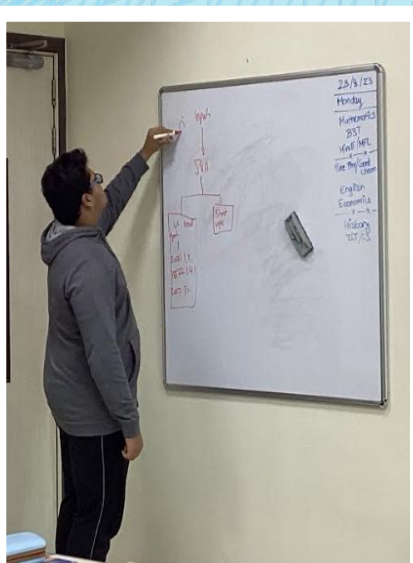


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# Grade-10 Economists Decode Global Trends

In a recent activity, Grade-10 students conducted economic analyses of national and international news clippings, applying their knowledge of microeconomics and macroeconomics. This exercise fostered critical thinking, civic engagement, improved academic performance, and a deeper understanding of global issues. Through presentations and visual aids, students honed practical skills, preparing them for future challenges. This engaging experience not only immersed them in real-world economic affairs but also sharpened their analytical skills, equipping them for a future where critical thinking and global awareness are paramount.



[Click here for content page](#)



# The Search for the Elusive: A Journey of Discovery and Inspiration

In the vast expanse of the cosmos, where mysteries abound and stars twinkle in the distance, lies the realm of astrophysics—a domain that has fascinated generations. When our school introduced the opportunity to engage with the International Astronomical Search Collaboration (IASC) through the “Astrometrica” project, I was both intrigued and skeptical. Little did I know that this venture would lead me on an extraordinary expedition, redefining my perspective on the universe.

Participating in the IASC program opened a portal to a world I had never explored before, allowing me to unravel the secrets of the night sky and contribute to astronomical discoveries. Guided by the experts at IASC, I embarked on this celestial journey armed with curiosity and determination. To my surprise, the experience was not just intellectually stimulating but also remarkably accessible, as I could conduct my research right from my Windows system.

The project’s systematic approach became apparent as we delved into the universe. Each week, a set of real-time images was provided, revealing the vastness of outer space.

Our task was to identify moving objects within these images, potentially uncovering unknown asteroids. Analyzing graphs and numerical data based on luminosity, we meticulously tracked these celestial wanderers, creating detailed reports for submission on the Astrometrica site.

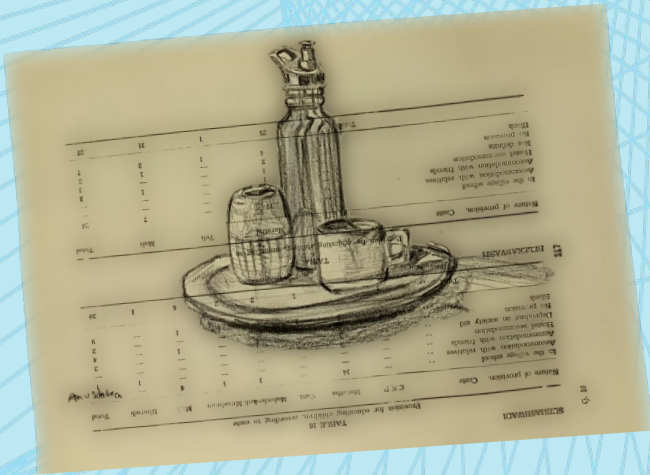
What amazed me most was the project’s automation, streamlined for our understanding. Engaging in this research was not only enlightening but also empowering. The opportunity to contribute meaningfully to the field of astrophysics at my age was exhilarating, reaffirming my belief that passion knows no age boundaries.

I am deeply grateful to our school for fostering an environment where curiosity is encouraged and opportunities to explore the unknown are provided. This Astrometrica project has not merely been a scientific endeavor; it has been a profound and euphoric experience that has reignited my aspiration to become an astronomer. It served as a reminder that curiosity, determination, and a bit of skepticism can lead to extraordinary discoveries.

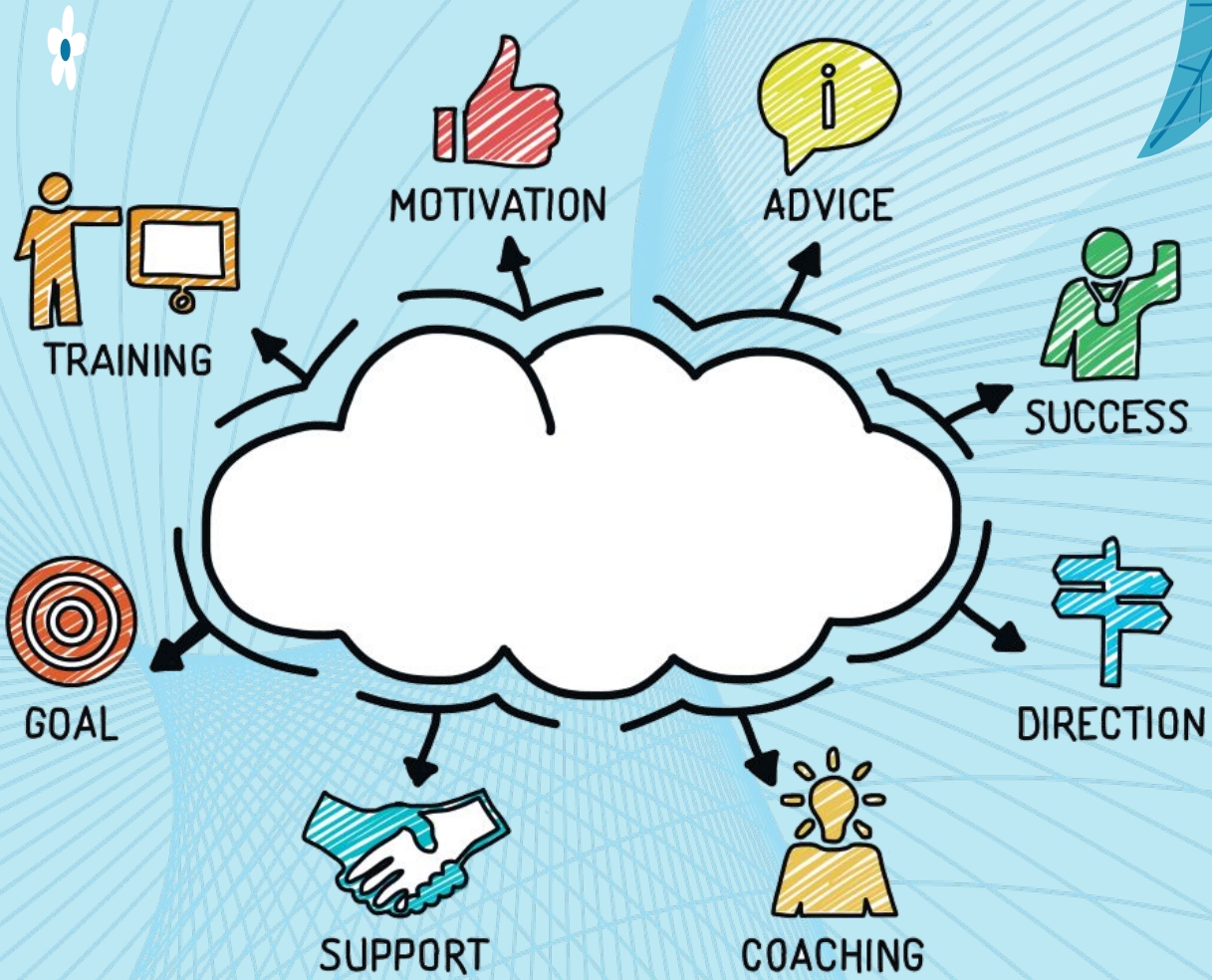
- Meher Bumrah  
IBDP1

[Click here for content page](#)

# Creative work by Young Artisans



[Click here for content page](#)



# Mentors' Column


[Click here for content page](#)

## How to Raise Independent Children?

***"The greatest gift we can give our children are the roots of responsibility and the wings of independence." – Denis Waitley***

Children are born with a natural inclination to be independent. We often witness this in the way they try to feed themselves, climb to reach things, and choose the clothes they want to wear, among other things. In fact, they are famous for their desire to 'help'! Allowing children to explore these opportunities helps in developing their self-confidence and self-esteem. It also teaches them to experience failure, develop patience, and persevere. Moreover, it provides them with a sense of control over their lives and a feeling of competence, enabling them to take care of themselves. When given opportunities to make decisions early in life, children understand what makes them happy, enabling them to make better decisions.

At Nahar, we firmly believe in the importance of raising independent children right from the Pre-primary years. We achieve this by providing an environment that allows them to do things on their own from the moment they walk into school. Children are encouraged to carry their bags to class independently. Upon reaching their classes, they first remove their home shoes, place them on the rack, and wear their school shoes. Subsequently, they enter the classes and unpack their bags, taking out their belongings and placing them in designated areas. Free play stations are set up in the classes, and once again, children are given the freedom to make their own decisions about the activities they want to explore. After free play, the children come together to ensure all toys are put back, and chairs are pushed in, preparing the class for the next activity. Even during snack time, children independently eat their food. After eating, they are encouraged to clean their tables and the classroom. Through Montessori activities, we promote the development of various life skills, such as folding their clothes, setting the table, putting on pillowcases, wringing out wet clothes, buttoning shirts, and folding their aprons, among other tasks. Teachers guide children through these 'chores' in a fun and playful manner, encouraging teamwork so that children enjoy these activities.



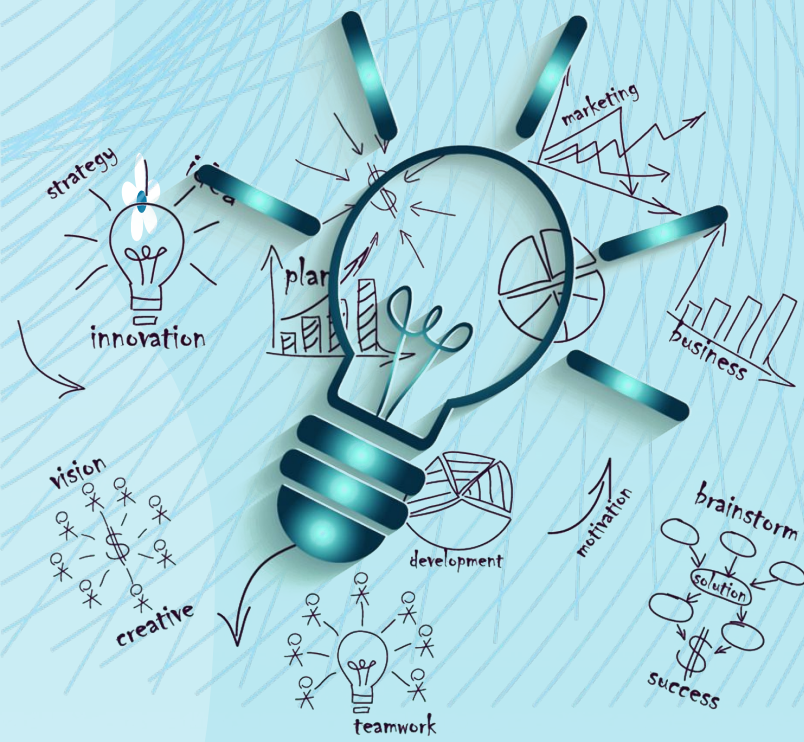
As adults, our role is to set up the environment and provide clear guidelines, enabling children to make more informed decisions. Some key considerations we keep in mind include:

1. **Expressing trust:** We remain calm and encouraging, allowing children to believe in their own competence as they keenly observe our expressions.
2. **Valuing the process:** The focus is on how independently the child completes an activity and whether they understand the concept, rather than on a perfectly finished task.
3. **Following a routine:** Anticipating what will happen next helps children take on responsibilities with less assistance.
4. **Providing support:** Children are encouraged to explore independently, with the option to seek guidance or support whenever they need it.
5. **Offering limited options:** Children are given the autonomy to make choices within limited options, ensuring the teacher still has control over the final outcome.

Developing the skills to become independent takes time and may require patience in the beginning. However, with repeated guidance, children pick up these skills splendidly. Consequently, teachers gain more flexibility and freedom as constant monitoring is no longer necessary, creating a win-win situation for all.

- Asha Thomas  
Pre Primary Coordinator

# Learning beyond academics



[Click here for content page](#)



# Aikyam Unplugged: A Symphony of Talent at the Inter-School Fest

Students from AS Level and IBDP1 recently showcased their talents at Aikyam, an inter-school fest hosted by Utpal Shanghvi Global School and Prabhavati Padamshi Soni International Junior College. The event featured engaging activities in Literary Arts, Performing Arts, Visual Arts, and Gaming and Sports.

Teams collaborated and prepared tirelessly for events, from creative dances to moot court sessions. On the festival day, students demonstrated sportsmanship in friendly matches, including innovative games like Prison Ball. The day also witnessed literary and creative arts contests, followed by impressive performances in street dance and singing competitions. The students' enthusiasm and outstanding performances made the event a grand success.



[Click here for content page](#)

# Nahar Roars: Champions of ISSO Football Tournament!

In a thrilling display of skill and teamwork, Nahar International School's Under-17 Boys football team emerged victorious at the International Schools Sports Organisation (ISSO) tournament hosted by Jayashree Periwal International School, Jaipur. Guided by the unwavering support of our sports facilitator, the players showcased exceptional determination, securing a thrilling victory against Indus Bangalore in the intense final match at Ground 5. Beyond the competition, the tournament underscored the spirit of unity and friendship among diverse participants, highlighting the unifying power of sports. This achievement stands as a testament to the talent, dedication, and indomitable spirit of our students.





# Feature Of the month

  
[Click here for content page](#)

# Clay Creations: A Pottery Tale from Pre-Primary to High School Heights

Under the expert guidance of skilled craftsmen, our students recently embarked on an immersive pottery adventure, exploring their artistic talents.

**Pre-Primary Marvels:** Our youngest learners molded pint-sized pots, embracing creativity and imagination in their designs.

**Primary School Prodigies:** Students in the primary years delved into the world of pottery, shaping their ideas into tangible creations under expert mentorship.

**Middle School Maestros:** Older students explored terracotta, showcasing intricate figurines and structures, demonstrating remarkable progress and cultural understanding.

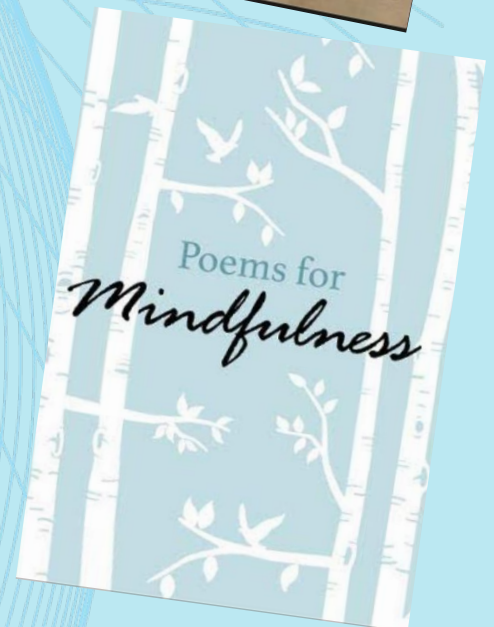
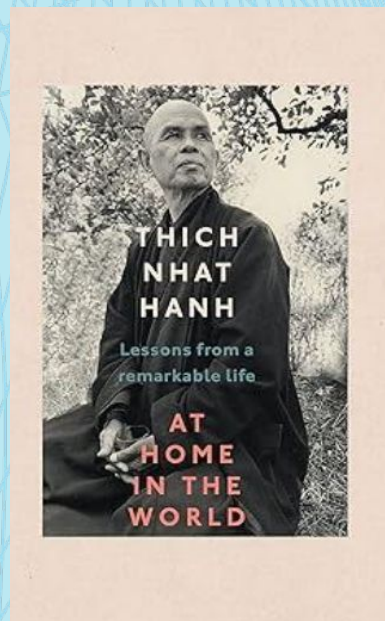
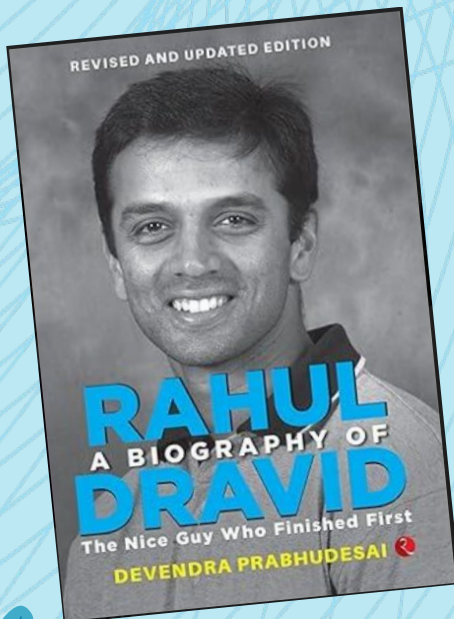
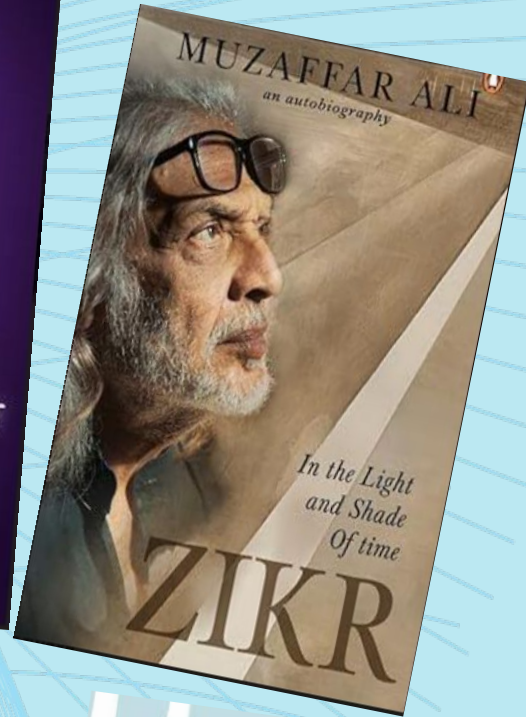
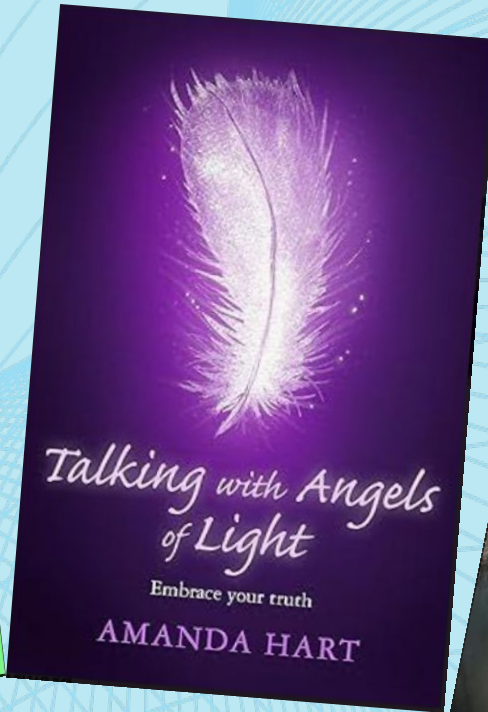
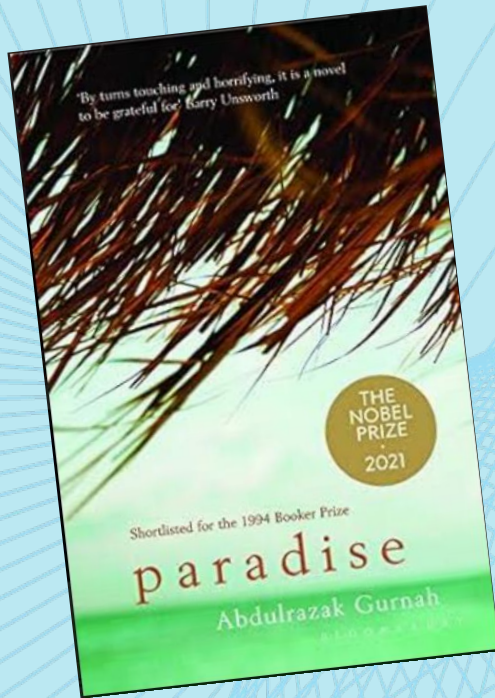
**High School Artisans:** High school students, along with their younger peers, explored various techniques, showcasing their advanced skills and creativity.

This school-wide initiative celebrated artistic achievement and hands-on learning, fostering a deep appreciation for traditional crafts and encouraging creative exploration. Each grade's creations stood as testaments to their dedication and growth, making this pottery experience truly enriching and memorable for all.



# Library

NEW  
ARRIVAL



The library facility is available for parents on Saturday from 10:00 AM to 12:00 PM

[Click here for content page](#)

# October Highlights

- Next genius scholarship fair
- Design Thinking and Management superskill workshop
- Paper bag making
- Middle school -Sports prize distribution
- Cultural day - Grade 8
- Mental health day
- Untaboo session
- Grandparents day
- Garba
- Zumba workshop
- Goa Trip
- Andaman trip

## Upcoming Events

- Festivals of Light
- Children's Day
- Assessments



# Nahar International School

EVERY CHILD, A STAR

नाहार इंटरनेशनल स्कूल

EMPATHY

REFLECTIVE

ACHIEVEMENT

CREATIVITY  
ADVENTURE  
INTEGRITY

RESPECT

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